

A CALL TO FASTING & PRAYER

**The LORD has called Kenneth Copeland Ministries,
Eagle Mountain International Church, VICTORY Channel™
and Kenneth Copeland Bible College®
to a 21-Day Daniel Fast.**

**It begins on Monday, Feb. 5,
and concludes on Sunday, Feb. 25, 2024.**

Our foundation scripture is Daniel 10:2-3. “In those days I, Daniel, was mourning three full weeks. I ate no pleasant food, no meat or wine came into my mouth, nor did I anoint myself at all, till three whole weeks were fulfilled” (*New King James Version*).

“Pleasant bread” represents those things we set aside that the flesh craves, in order to feed our spirit. Why 21 days? We all need this extended time of spiritual focus in order to receive answers, direction, clarity, breakthroughs and deliverance from stubborn strongholds.

“It is important for you to understand that it is not the fasting itself that brings the deliverance. Jesus has already obtained deliverance through the complete work of Redemption. The Holy Spirit who lives inside of you knows how to pray in order to bring the deliverance Jesus has already provided. Fasting simply brings the spirit man, which is in union with the Holy Spirit, into ascendance over the flesh. It also limits the influence of the physical appetites so that you can more effectively hear from and respond to the Spirit. This enhances intercession. And effective, Holy Spirit-led intercession sets the captives free! Fasting is not a method of twisting God’s arm to get Him to respond when you pray. Fasting does not change God. It changes you.” —Kenneth Copeland

The Rewards (or Desired Results) of This Fast

1. An Awakening to God In the Body of Christ
2. An Awakening to God In Israel
3. An Awakening to God In America and the Nations
4. The 2024 Elections
5. Breakthroughs for KCM, EMIC, KCBC and VICTORY Channel
6. Personal Breakthroughs (Answers, Direction and Clarity)
7. Preparation for All That Is Coming

My Fasting Checklist

1. Decide the purpose of your fast.
2. Identify what you are going to fast.
3. Proclaim the fast before The LORD.

*“Father, with You as our Helper, we proclaim this fast. We commit to it fully.
We make the quality decision to humble our flesh for the next 21 days.
We do away with our own pleasures. We bring our bodies under subjection to You.”*

4. Believe you receive your rewards (results) now by faith.
5. Minister to The LORD during the fast.
6. Minister to others both during and after the fast as The LORD leads.
7. Expect assistance from the angels.

The Purpose of My Fast (List what you are believing for and your scriptures.)

What I Am Going To Fast

Signature(s): _____

For more resources, go to emic.org/fast