

Eagle Mountain International Church

The February 2024 Fasting Proclamation

Pastor George Pearsons – Sunday, February 4, 2024

On Saturday, December 30, 2023, the Lord instructed me to proclaim a 21-Day Daniel Fast beginning Monday, February 5.

This is a call to fast for KCM, EMIC, the Victory Channel and KCBC, which includes our congregation, staff, partners and the FlashPoint Army.

Why Did We Wait until Tomorrow to Begin the Fast?

We needed to take the time to prepare by teaching about fasting.

Why is Fasting So Important?

- **Fasting is an assistance to receiving.**
- **Fasting turns down the voice of the flesh.**
- **Fasting turns up the voice of the Spirit.**
- **Fasting positions us to receive greater clarity for the issues we face.**

What is Our Foundation Scripture?

Daniel 10:2-3 “In those days I Daniel was mourning three full weeks. I ate no pleasant bread, neither came flesh nor wine in my mouth, neither did I anoint myself at all, till three whole weeks were fulfilled.”

What is a “No Pleasant Bread Fast?”

“Pleasant bread” represents things we choose to set aside that the flesh craves in order to feed our spirit.

Why 21 Days?

We all need this extended time of spiritual focus in order to receive answers, direction, clarity and breakthroughs.

What is a “Proclaimed Fast?”

A proclaimed fast is when we all set our faces toward God for the purpose of turning around serious situations.

What is an Example of a “Proclaimed Fast?”

2 Chronicles 20:3-4, 13 “And Jehoshaphat feared, and set himself to seek the LORD, and proclaimed a fast throughout all Judah. And Judah gathered themselves together, to ask help of the LORD: even out of all the cities of Judah they came to seek the LORD...And all Judah stood before the LORD, with their little ones, their wives, and their children.”

What was the Result of that “Proclaimed Fast?”

Victory over their enemies.

Are There Rewards (or Results) to Fasting?

Matthew 6:17-18 (NKJV) “But you, when you fast, anoint your head and wash your face, so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly.”

What are the Open Rewards of This Fast?

1. **An Awakening to God in the Body of Christ**
2. **An Awakening to God in Israel**
3. **An Awakening to God in America and the Nations**
4. **The 2024 Elections**
5. **Breakthroughs for KCM, EMIC, KCBC and the Victory Channel**
6. **Personal Breakthroughs (Answers, Direction and Clarity)**
7. **Preparation for All That is Coming**

What are the Rewards of Fasting based in Isaiah 58:6-14?

Verse 6 “Is not this the fast that I have chosen? to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that ye break every yoke?”

- (NLT) “Free those who are wrongly imprisoned.”
- Let My People Go!

Verse 7 “Is it not to deal thy bread to the hungry, and that thou bring the poor that are cast out to thy house? when thou seest the naked, that thou cover him; and that thou hide not thyself from thine own flesh?”

- (NLT) “Share your food with the hungry, and give shelter to the homeless. Give clothes to those who need them, and do not hide from relatives who need your help.”

Verse 8 “Then shall thy light break forth as the morning, and thine health shall spring forth speedily: and thy righteousness shall go before thee; the glory of the LORD shall be thy rereward.”

- You will receive understanding, revelation, answers, clarity and healing.
- God will be our “Rear Guard” (Call for Backup!).

Verse 9 “Then shalt thou call, and the LORD shall answer; thou shalt cry, and he shall say, Here I am. If thou take away from the midst of thee the yoke, the putting forth of the finger, and speaking vanity.”

- Fasting helps us hear more distinctly from the Lord.
- This will work if you stay out of strife and do not judge others.

Verse 10 “And if thou draw out thy soul to the hungry, and satisfy the afflicted soul; then shall thy light rise in obscurity, and thy darkness be as the noon day.”

- You will no longer be in the dark and you will know exactly what to do.
- Promotion is a result of a fast.

Verse 11 “And the LORD shall guide thee continually, and satisfy thy soul in drought, and make fat thy bones: and thou shalt be like a watered garden, and like a spring of water, whose waters fail not.”

- Fasting positions us to hear nonstop direction from the Lord.
- It will quench our spiritual thirst.
- Our bones will be made strong.
- We will have plenty to sow to others.

- **“We will be like an irrigated garden. Out of our belly shall flow rivers of healing, rivers of prosperity and rivers of faith to others. Our valley of Baca (weeping) will become a never-ending wellspring of God’s goodness!” –Pastor George**

Verse 12 “And they that shall be of thee shall build the old waste places: thou shalt raise up the foundations of many generations; and thou shalt be called, The repairer of the breach, The restorer of paths to dwell in.”

- We won’t lose the revelation of the Word that has been given to past generations.
- (MSG) “You’ll use the old rubble of past lives to build anew, rebuild the foundations from out of your past. You’ll be known as those who can fix anything, restore old ruins, rebuild and renovate, make the community livable again.”

Verses 13-14 “If thou turn away thy foot from the sabbath, from doing thy pleasure on my holy day; and call the sabbath a delight, the holy of the LORD, honourable; and shalt honour him, not doing thine own ways, nor finding thine own pleasure, nor speaking thine own words: then shalt thou delight thyself in the LORD; and I will cause thee to ride upon the high places of the earth, and feed thee with the heritage of Jacob thy father: for the mouth of the LORD hath spoken it.”

What is “The Heritage of Jacob” found in Deuteronomy 32:9-14?

- It ensures we will hear the voice of the Good Shepherd.
- We will not be led astray by the evil one.
- We will have prosperity and abundance in the middle of lack.
- We will be kept as the apple of His eye.

The Official February 2024 Fasting Proclamation

Sunday, February 4, 2024

This Fasting Proclamation began as a Word from the Lord to Pastor George on Saturday, December 30, 2023.

According to Joel 2:15-16, we are to: “Blow the trumpet in Zion, consecrate a fast, call a sacred assembly; gather the people, sanctify the congregation, assemble the elders, gather the children and nursing babes; let the bridegroom go out from his chamber, and the bride from her dressing room” (*New King James Version*).

According to 2 Chronicles 20:3-4, in light of an impending attack, “Jehoshaphat feared, and set himself to seek the LORD, and proclaimed a fast throughout all Judah. So Judah gathered together to ask help from the LORD; and from all the cities of Judah they came to seek the LORD” (*New King James Version*).

This is a 21-Day Daniel Fast beginning Monday, February 5 and concluding Sunday, February 25.

According to Daniel 10:2-3, “In those days I Daniel was mourning three full weeks. I ate no pleasant bread, neither came flesh nor wine in my mouth, neither did I anoint myself at all, till three whole weeks were fulfilled.”

LORD, we set aside those things which the flesh craves in order to feed our spirit, clear out the clutter and shut down the noise, in order to hear You more clearly and distinctly.

According to 2 Chronicles 20:13, we stand before You LORD just as all Judah, “with their little ones, their wives, and their children,” “stood before the LORD.”

LORD, we are committed to this extended time of fasting. We believe we will receive answers, direction, clarity, breakthroughs and deliverance—especially from stubborn strongholds.

According to Psalm 35:13, we make the quality decision to humble our soul with fasting by doing away with our own pleasures.

According to Romans 12:1, we are told, “by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.”

We present our bodies to You.

According to Hebrews 12:1-2, We “lay aside every weight, and the sin which doth so easily beset us, and...run with patience the race that is set before us, looking unto Jesus the author and finisher of our faith.”

According to Matthew 6:18, we discover that our “Father, Who sees in secret, will reward you in the open” (*Amplified Bible, Classic Edition*).

We set before You the open rewards and desired results of this fast:

1. An Awakening to God in the Body of Christ
2. An Awakening to God in Israel
3. An Awakening to God in America and the Nations
4. The 2024 Elections
5. Breakthroughs for KCM, EMIC, KCBC and the Victory Channel
6. Personal Breakthroughs (Answers, Direction and Clarity)
7. Preparation for All that is Coming

According to Mark 11:24, Jesus said, “Therefore I say unto you, What things soever ye desire, when ye pray, believe that ye receive them, and ye shall have them.”

We believe we receive these rewards now in the Name of Jesus.

According to Hebrews 1:14, we receive assistance from our angels who are “all ministering spirits, sent forth to minister for them who shall be heirs of salvation.”

According to Acts 13:2, “They ministered to the LORD, and fasted, and the Holy Ghost said....”

We will increase our times of ministering to the LORD through praise, worship and fellowship. As a result, we will hear from the Holy Ghost!

We will be transformed according to Isaiah 40:31 that declares, “But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.”

We will come out of this fast stronger, healthier and more spiritually accurate than ever.

We will delight in the LORD and will truly experience the joy and victory of fasting.